



January

Lunch



NEW BEGINNINGS FAMILY ACADEMY Lunch - Early Childhood

Monday	Tuesday	Wednesday	Thursday	Friday
January 2, 2017	January 3, 2017	January 4, 2017	January 5, 2017	January 6, 2017
HOLIDAY BREAK	CRISPY CHICKEN TENDERS Baked Beans Pineapple Cup Ketchup Choice of Milk	SLOPPY JOE Green Beans Applesauce Cup Whole Wheat Bun Choice of Milk	MACARONI & CHEESE Mixed Vegetables Peach Cup Choice of Milk	NO SCHOOL
January 9, 2017	January 10, 2017	January 11, 2017	January 12, 2017	January 13, 2017
MEATBALLS IN SAUCE Mixed Vegetables Peach Cup Wheat Bread 1/2 Choice of Milk	3 CHEESE PANINI Baked Beans Applesauce Cup Choice of Milk	TACO SCOOPS Whole Kernel Corn Fresh Fruit Tortilla Chips Choice of Milk	TURKEY & GRAVY Mashed Potatoes Mixed Fruit Cup Wheat Bread 1/2 Choice of Milk	VEGETABLE LASAGNA Broccoli Fresh Fruit Wheat Bread 1/2 Choice of Milk
January 16, 2017	January 17, 2017	January 18, 2017	January 19, 2017	January 20, 2017
MARTIN LUTHER KING JR.	PIZZA DIPPERS Marinara Dipping Sauce Mixed Vegetables Mixed Fruit Cup Choice of Milk	CRISPY CHICKEN FILLET Green Beans Pear Cup Whole Wheat Bun BBQ Sauce Choice of Milk	SCRAMBLED EGGS W/DICED TURKEY HAM Golden Potato Rounds Fresh Fruit Wheat Bread 1/2 Ketchup Choice of Milk	CHICKEN PARMESAN Romaine Salad Light Italian Dressing Peach Cup Wheat Bread 1/2 Choice of Milk
January 23, 2017	January 24, 2017	January 25, 2017	January 26, 2017	January 27, 2017
BAKED CHICKEN NUGGETS Baked Beans Pineapple Cup Wheat Bread 1/2 Ketchup Choice of Milk	WAGON WHEEL PASTA W/MEATSAUCE Green Beans Applesauce Cup Wheat Bread 1/2 Choice of Milk	SWEDISH MEATBALLS Romaine Salad Light Italian Dressing Fresh Fruit Wheat Bread 1/2 Choice of Milk	SANTA FE CHICKEN w/black beans Pear Cup Brown Rice Choice of Milk	VEGETARIAN BEAN CHILI Golden Potato Rounds Fresh Fruit Spiral Noodles Ketchup Choice of Milk
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
MEATLESS MONDAY** GALAXY CHEESE PIZZA Green Beans Mixed Fruit Cup Choice of Milk	CRISPY CHICKEN TENDERS Broccoli Pineapple Cup Ketchup Choice of Milk			

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Help us make your food better!

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