



February breakfast



NEW BEGINNINGS FAMILY ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
		STRING CHEESE Blueberry Muffin Fresh Fruit Choice of Milk	CHICKEN BISCUIT Diced Peaches Blended Fruit Juice Ketchup Choice of Milk	GOLDEN GRAHAM CEREAL Cinnamon Sky Minis Fresh Fruit Choice of Milk
February 6, 2017	February 7, 2017	February 8, 2017	February 9, 2017	February 10, 2017
CINNAMON TOAST CRUNCH Chocolate Chip Minis Craisins Blended Fruit Juice Choice of Milk	BREAKFAST BURRITO Mixed Fruit Cup Grape Juice Taco Sauce Choice of Milk	COCOA PUFFS Maple Breakfast Square Fresh Fruit Choice of Milk	MAPLE PANCAKES Fresh Fruit Orange Juice Choice of Milk	VANILLA YOGURT Peach Mini Loaf Fresh Fruit Choice of Milk
February 13, 2017	February 14, 2017	February 15, 2017	February 16, 2017	February 17, 2017
APPLE JACKS REDUCED SUGAR Cherry Breakfast Bar Craisins Orange Juice Choice of Milk	FRENCH TOAST STICKS Grape Juice Pineapple Tidbits Syrup Choice of Milk	STRING CHEESE Lemon Mini Loaf Fresh Fruit Choice of Milk	BEEF SAUSAGE SLIDER Mixed Fruit Cup Blended Fruit Juice Ketchup Choice of Milk	NO SCHOOL
February 20, 2017	February 21, 2017	February 22, 2017	February 23, 2017	February 24, 2017
PRESIDENTS DAY	NO SCHOOL	FROSTED FLAKES (LOW SUGAR) French Toast Breakfast Bar Craisins Grape Juice Choice of Milk	PANCAKES Fresh Fruit Orange Juice Syrup Choice of Milk	RICE KRISPIES Mini Wafer Fresh Fruit Choice of Milk
February 27, 2017	February 28, 2017	March 1, 2017	March 2, 2017	March 3, 2017
FROOT LOOPS REDUCED SUGAR Strawberry Pancake Square Craisins Grape Juice Choice of Milk	WAFFLES Diced Pears Orange Juice Syrup Choice of Milk			

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Help us make your food better!

Give us feedback on Facebook or by emailing info@preferredmeals.com