



# December breakfast



## NEW BEGINNINGS FAMILY ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
			STRAWBERRY PANCAKES Fresh Fruit Orange Juice Choice of Milk	RICE KRISPIES Animal Grahams Fresh Fruit Choice of Milk
December 5, 2016	December 6, 2016	December 7, 2016	December 8, 2016	December 9, 2016
FROOT LOOPS REDUCED SUGAR Strawberry Pancake Square Craisins Grape Juice Choice of Milk	WAFFLES Diced Pears Orange Juice Syrup Choice of Milk	STRING CHEESE Blueberry Muffin Fresh Fruit Choice of Milk	BREAKFAST TOASTED CHEESE ON WHOLE WHEAT BREAD Diced Peaches Blended Fruit Juice Choice of Milk	GOLDEN GRAHAM CEREAL Cinnamon Sky Minis Fresh Fruit Choice of Milk
December 12, 2016	December 13, 2016	December 14, 2016	December 15, 2016	December 16, 2016
CINNAMON TOAST CRUNCH Animal Grahams Craisins Blended Fruit Juice Choice of Milk	BREAKFAST BURRITO Mixed Fruit Cup Grape Juice Taco Sauce Choice of Milk	COCOA PUFFS Maple Breakfast Square Fresh Fruit Choice of Milk	MAPLE PANCAKES Fresh Fruit Orange Juice Choice of Milk	STRAWBERRY YOGURT Chocolate Chip Mini Loaf Fresh Fruit Choice of Milk
December 19, 2016	December 20, 2016	December 21, 2016	December 22, 2016	December 23, 2016
APPLE JACKS REDUCED SUGAR Cherry Breakfast Bar Craisins Orange Juice Choice of Milk	FRENCH TOAST STICKS Pineapple Tidbits Grape Juice Syrup Choice of Milk	STRING CHEESE Banana Muffin Fresh Fruit Choice of Milk	CHICKEN BISCUIT Diced Peaches Blended Fruit Juice Honey Choice of Milk	MINI WHEATS LITTLE BITES Graham Crackers Fresh Fruit Choice of Milk
December 26, 2016	December 27, 2016	December 28, 2016	December 29, 2016	December 30, 2016
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.

### Help us make your food better!

Give us feedback on Facebook or by emailing [info@preferredmeals.com](mailto:info@preferredmeals.com)