



December breakfast



NEW BEGINNINGS FAMILY ACADEMY Breakfast Early Childhood

Monday	Tuesday	Wednesday	Thursday	Friday
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
			PANCAKES Pineapple Tidbits Syrup Choice of Milk	RICE KRISPIES Mixed Fruit Cup Choice of Milk
December 5, 2016	December 6, 2016	December 7, 2016	December 8, 2016	December 9, 2016
CHEERIOS Fresh Fruit Choice of Milk	FRENCH TOAST STICKS Diced Pears Syrup Choice of Milk	Blueberry Muffin Pineapple Tidbits Choice of Milk	BREAKFAST TOASTED CHEESE ON WHOLE WHEAT BREAD Fresh Fruit Choice of Milk	RICE CHEX Diced Peaches Choice of Milk
December 12, 2016	December 13, 2016	December 14, 2016	December 15, 2016	December 16, 2016
RICE KRISPIES Fresh Fruit Choice of Milk	ENGLISH MUFFIN W/CHEESE Mixed Fruit Cup Choice of Milk	CHEERIOS Fresh Fruit Choice of Milk	PANCAKES Diced Pears Syrup Choice of Milk	Chocolate Chip Mini Loaf Pineapple Tidbits Choice of Milk
December 19, 2016	December 20, 2016	December 21, 2016	December 22, 2016	December 23, 2016
RICE CHEX Fresh Fruit Choice of Milk	FRENCH TOAST STICKS Pineapple Tidbits Syrup Choice of Milk	Banana Muffin Diced Pears Choice of Milk	CHICKEN BISCUIT Mixed Fruit Cup Choice of Milk	CHEERIOS Fresh Fruit Choice of Milk
December 26, 2016	December 27, 2016	December 28, 2016	December 29, 2016	December 30, 2016
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Help us make your food better!

Give us feedback on Facebook or by emailing info@preferredmeals.com