



December

LUNCH



NEW BEGINNINGS FAMILY ACADEMY Lunch - Early Childhood

Monday	Tuesday	Wednesday	Thursday	Friday
November 28, 2016	November 29, 2016	November 30, 2016	December 1, 2016	December 2, 2016
			CHICKEN TACOS Mixed Vegetables Peach Cup Tortilla Chips Choice of Milk	GALAXY CHEESE PIZZA Romaine Salad Light Italian Dressing Fresh Fruit Choice of Milk
December 5, 2016	December 6, 2016	December 7, 2016	December 8, 2016	December 9, 2016
CRISPY CHICKEN TENDERS Diced Carrots Pineapple Cup Ketchup Choice of Milk	MACARONI & CHEESE Mixed Vegetables Peach Cup Choice of Milk	MEATBALLS IN SAUCE Romaine Salad Light Ranch Dressing Mixed Fruit Cup Wheat Bread 1/2 Choice of Milk	SCRAMBLED EGGS W/DICED TURKEY HAM Golden Potato Rounds Fresh Fruit Wheat Bread 1/2 Ketchup Choice of Milk	HAMBURGER Baked Beans Fresh Fruit Whole Wheat Bun Ketchup Mustard Choice of Milk
December 12, 2016	December 13, 2016	December 14, 2016	December 15, 2016	December 16, 2016
VEGETARIAN BEAN CHILI Whole Kernel Corn Peach Cup Brown Rice Choice of Milk	*NEW ITEM* WAGON WHEEL PASTA W/MEATSAUCE Green Beans Applesauce Cup Wheat Bread 1/2 Choice of Milk	BAKED CHICKEN NUGGETS Baked Beans Fresh Fruit Wheat Bread 1/2 Ketchup Choice of Milk	TURKEY & GRAVY Mashed Potatoes Pineapple Cup Wheat Bread 1/2 Choice of Milk	SLOPPY JOE Broccoli Fresh Fruit Whole Wheat Bun Choice of Milk
December 19, 2016	December 20, 2016	December 21, 2016	December 22, 2016	December 23, 2016
TACO SCOOPS Tortilla Chips Whole Kernel Corn Mixed Fruit Cup Choice of Milk	CRISPY CHICKEN FILLET Green Beans Pear Cup Whole Wheat Bun BBQ Sauce Choice of Milk	3 CHEESE PANINI Baked Beans Peach Cup Choice of Milk	PIZZA DIPPERS Marinara Dipping Sauce Romaine Salad Light Italian Dressing Fresh Fruit Choice of Milk	TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Tropical Veggie Juice Pineapple Cup Mustard Choice of Milk
December 26, 2016	December 27, 2016	December 28, 2016	December 29, 2016	December 30, 2016
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

